



## **Not On Tobacco (N-O-T) Facilitator Training Scholarship Opportunities 2023 – 2024 School Year**

Tragically, about 95% of today's tobacco users started using before the age of 21. E-cigarette use among Wisconsin high schoolers has increased by 154 percent between 2014 – 2018. Not On Tobacco® (N-O-T) seeks to address this growing problem by giving teens the resources they need to break their nicotine dependency and find healthier outlets. N-O-T is an evidence-based program with an impressive success rate, where approximately 90 percent of teens who, have participated in the program, cut back, or quit tobacco all together. **Bring N-O-T to your school or community organization by applying for a N-O-T facilitator training scholarship (valued at \$400).**

### **N-O-T helps teens:**

- Stop or reduce the amount of tobacco used
- Increase healthy lifestyle behaviors
- Enhance their sense of self-control
- Improve life skills such as stress management, decision making, coping, and interpersonal skills

### **Who can apply for a facilitator training scholarship?**

Any school/community organization or individual in Wisconsin who wishes to provide assistance to teens who want to quit tobacco or vape use through implementation of the N-O-T program

### **Facilitator training scholarship requirements:**

- Complete the self-paced, on demand, online (approx. 6-7 hours) N-O-T facilitator training within 30 days of receipt of scholarship code
- Adhere to the N-O-T mission and program structure
- Implement one N-O-T program within 12 months of completing the N-O-T facilitator training in consultation with Lung Association N-O-T program staff
- Submit completed participant and facilitator evaluations online

### **Training and Technical Assistance:**

American Lung Association staff are committed to assisting schools/community organizations and N-O-T facilitators with specific and customized technical assistance in accordance with the unique needs of each program site.

### **Application Process:**

Complete, sign, and submit application. American Lung Association staff will contact you about your application.

- Direct questions and completed applications to [Zoe.Hurdle@Lung.org](mailto:Zoe.Hurdle@Lung.org)



## Not On Tobacco (N-O-T) Facilitator Training Scholarship Application 2023 – 2024 School Year

Name of the school(s) / organization(s) where program will be implemented:	
Address of school(s) / organization(s) where program will be implemented:	
Name of staff who will complete the facilitator training:	
Professional title of staff who will complete the facilitator training:	
Phone number of staff who will complete the facilitator training:	
E-mail address of staff who will complete the facilitator training:	
Enrollment numbers of school(s) / organization(s) where N-O-T program will be implemented:	

*As the administrator of the N-O-T facilitator training scholarship, I assume responsibility for all programmatic oversight of implementation of the N-O-T program requirements.*

*I recognize the identified staff person listed above will complete the online N-O-T facilitator training within **30 days** of receipt of scholarship code.*

Staff signature

Date

ALA staff signature

Date

Email completed application to:  
Zoe Hurdle, MPH  
American Lung Association in Wisconsin  
[Zoe.Hurdle@lung.org](mailto:Zoe.Hurdle@lung.org)